@MND777Challenge – The Attempt.

7 Marathons across 7 Counties of UK in 7 Days

May  $5^{th}$  to  $11^{th} 2025$ 

email@mnd777challenge@gmail.com

IG: @mnd777challenge



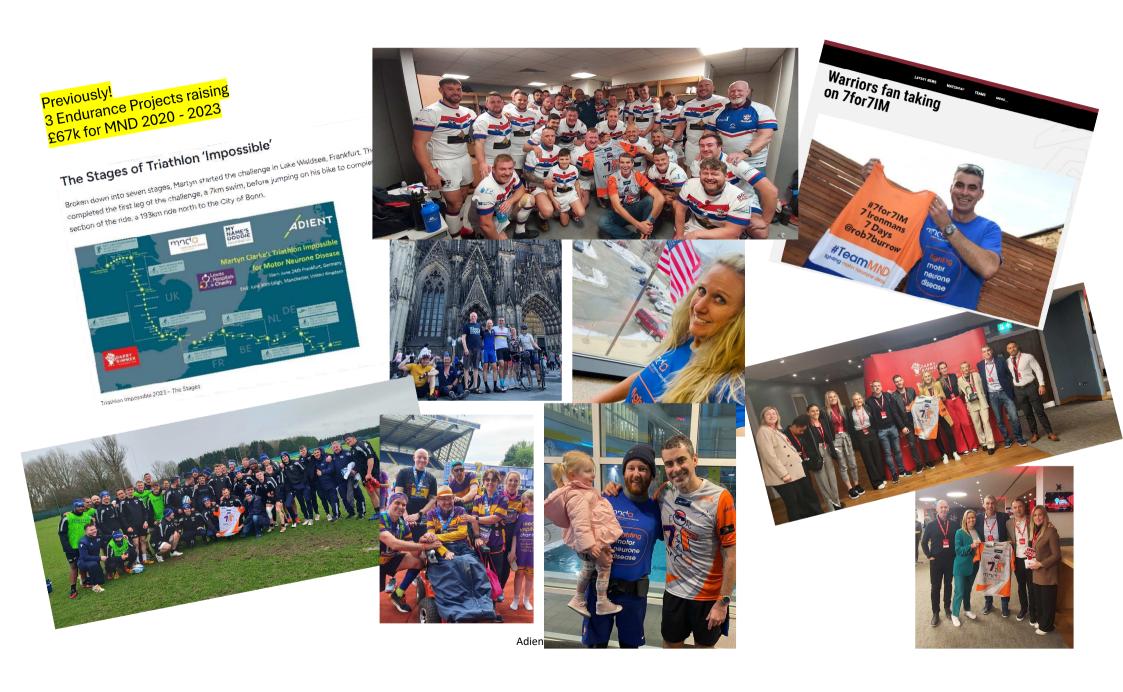


- 7 Marathons
- Over 7 Counties of UK
- In just 7 Days...
- May 5<sup>th</sup> to May 11th





motor neurone disease association









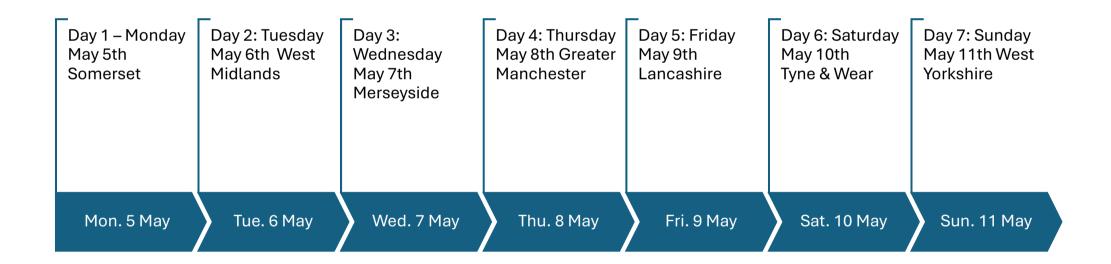




# Why?

- To help raise further awareness and funds for 4 Motor Neurone Disease Charities;
  - Leeds Hospitals Charity
  - DarbyRimmer Foundation
  - MND Association South Lancashire Branch
  - Mel Evans Foundation

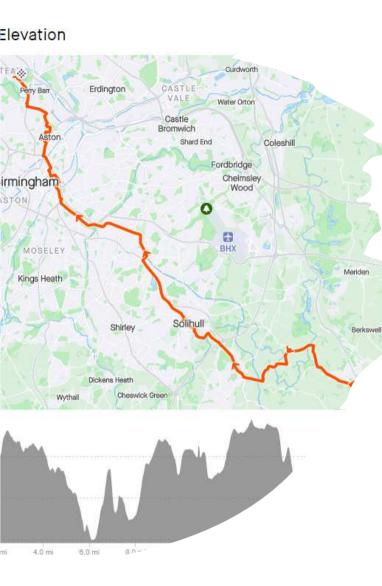
## Routes:



## May 5<sup>th</sup> Somerset – 9.00am

- Portishead loop
- Clevedon
- Congresbury
- Coastal
- 940ft Elevation







# Tuesday May 6<sup>th</sup> West Midlands 9am

- Adient Seating UK (Employer)
- Solihull : Jaguar Land Rover
- Aston Villa FC
- Finish at Commonwealth stadium
- 760ft Elevation



#### Wednesday May 7<sup>th</sup> Merseyside – 9am

- Adient Seating Liverpool (Employer)
- Jaguar Land Rover, Speke, Liverpool
- Liverpool FC Finish
- Goodison Everton
- New Everton Stadium, Bramley-Moore Dock
- 870ft Elevation



# Thursday May 8<sup>th</sup> Greater Manchester

- Wigan Warriors HQ Start
- Leigh Leopards
- Leigh Harriers Run Club
- Man Utd Old Trafford
- Man City Etihad Stadium/Man City Academy finish
- 1020ft elevation



Route and Elevation





# Friday May 9<sup>th</sup> Lancashire

- Blackpool Seafront Start Tower
- Lytham St Annes
- Preston
- Finish at Longridge FC in tribute to George Melling
- 296ft Elevation

#### Saturday May 10<sup>th</sup> Tyne & Wear

- Newcastle FC Start St James Park
- Stadium of Light
- Seaburn coastline
- Nissan UK
- Adient Seating Plant
- Whitburn coastal loop
- Finish at Stadium of Light, Sunderland FC
- 930ft Elevation



#### Sunday May 11<sup>th</sup> West Yorkshire

- Rob Burrow Marathon
- Finish at Headingley Stadium
- Team Flatt!
- 1330ft Elevation



# DARE TO DREAM